

Barrel Racing Excellence Journal



Date: _____

Morning - Three Things I'm Grateful For:

1. _____
2. _____
3. _____

What Would Make Today Great?

Evening - Three Amazing Things That Happened Today:

1. _____
2. _____
3. _____

How Could I Have Made Today Better?

What Did I Learn About Barrel Racing Today?

What Did I Learn About Life Today?

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