



Year in Review Questionnaire

A big part (*and the first part*) of planning a successful near year comes in reflecting on the past year. This is a great way to realize what's working, what's not, AND start thinking about *what to do* about it!

- If you could describe the past year with a theme, phrase or word, what would it be?
- What are you most proud of this year?
- In what areas did you fall short?
- How have you grown in your horsemanship, barrel racing, AND as a person this year?
- How did you serve others this year?
- Was there anything that surprised you?
- What brought you the most happiness?
- What would you like to celebrate?
- Did you experience everything you wanted this year? Why or why not?
- Who/what are you most grateful to/for this year?
- What was the most FUN you had this year?
- What would you like to let go of and not carry forward into the New Year?
- What qualities did you strengthen this year?
- What DREAMS came true for you?